



Karolína
Mrázková

DATE OF BIRTH:
01/12/1998

CONTACT



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WORK EXPERIENCE

09/2017 - CURRENT - Praha

Leader of a leisure time course for children "Little Rescuer"

Dům dětí a mládeže

organising and conducting a leisure time course for children (60 minutes per week, age group 6 to 11)

09/2019 - CURRENT - Praha 3

Barista (part-time job)

Cafe Dobrá nálada

serving guests, ordering goods

07/2017 - 08/2020 - Jihlava

Health care worker at summer camps (regular participation)

Summer camp Zábava

treating minor injuries, preparing summer camp menus, supervising the program and sport activities

01/02/2019 - 31/08/2019 - Vienna

Voluntary internship in Austria

Red Cross

carrying out activities of a humanitarian unit in a refugee centre, providing overall care for refugees, coordinating volunteers, providing child care

09/2018 - 08/2019 - Praha

Child care worker

Day care centre

EDUCATION AND TRAINING

09/2020 - Praha 3

Red Cross course - Nurse Assistant for Health Recovery Activities

Czech Red Cross

01/09/2019 - CURRENT - Praha 6

Bachelor study programme Health Care Rescue Worker

Vysoká škola zdravotnická

01/09/2018 - 31/01/2019 - Praha 8

Post-secondary language course leading to the First Certificate in English

Jazyková škola

01/09/2014 - 30/06/2018 - Praha 1

Maturita examination in the field of study Nursing Assistant

Střední zdravotnická škola

profile subjects: biology, somatology, basics of clinical disciplines, defence of a compulsory final paper

EQF level 4

LANGUAGE SKILLS

MOTHER TONGUE(S): Czech

English

Listening B2	Reading B2	Spoken production B2	Spoken interaction B2	Writing B2
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German

Listening A2	Reading A2	Spoken production A2	Spoken interaction A2	Writing A1
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DIGITAL SKILLS

Very good user skills of Microsoft Office | Social Media

ORGANISATIONAL SKILLS

- **very good time-management leadership skills used and gained within the training of staff (co-workers in cafe, health care workers in summer camps) organisational skills gained during various activities with children, good logistic skills**

COMMUNICATION AND INTERPERSONAL SKILLS

- **very good communication skills with groups of children and their parents, good communication skills in crises and unexpected situations**

OTHER SKILLS

- **piano (12 years of study at the Elementary Art Praha), flute, guitar (self-taught player) recreational player of volleyball and badminton**